

Caring: The Compassion And Wisdom Of Nursing

WHY TEACH COMPASSION?

Compassionate care: the theory and the reality

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I am interested in the science of compassion, and how organisations can best support their workforce to facilitate compassionate care. I believe practitioners secure better outcomes if they collaborate with patients and their families/carers as co-facilitators of healing. I developed the 'Connecting with People' training to reduce stigma, promote compassion and develop a common language and understanding between those experiencing suicidal thoughts and those trying to help them. I believe that we all have a role in the paradigm shift of suicide mitigation.

Alys Cole-King

I have had a long interest in building inner compassionate capacities for people with high shame and self-critical problems. With, and for, these patients I developed compassion-focused therapy that integrates western insights on the role of attachment and affiliative behaviour with western and eastern meditation and image practices. This has led to a specific model of compassion that articulates the core attributes needed to engage with, and become attentive to, 'suffering' and the skills associated with the alleviation of suffering. This model is now applicable to a wide range of settings including personal therapy, relationship-building and organisational process. The model can help to identify where compassion can become problematic particularly when systems think about how to move from a threat-focused to a compassion-focused organisation.

Paul Gilbert

Summary

This paper outlines the development of an emerging new approach to compassion based on aspects of human evolution and neuroscience and a review of some of the evidence for the compassionate approach. The authors also acknowledge some of the current barriers to delivering compassionate care and highlight the importance of identifying and minimising such barriers in order to enhance patient outcomes and promote clinicians as facilitators of healing.

Introduction

The NHS Ombudsman's report *Care and Compassion* which gives an account of ten investigations into NHS care of older people makes difficult reading. For example: 'Hospital staff at Ealing Hospital NHS Trust left Mr J forgotten in a waiting room, denying him the chance to be with his wife as she died'. We suggest that improving clinical governance will not improve patient care unless systemic and widespread changes enable compassionate care to be delivered. The recent Care Quality Commission Report *Dignity and Nutrition* reviewing care in some of the hospitals identified in *Care and Compassion* found that some of the problems still remained.

*The Point of care: Enabling compassionate care in acute hospital settings*¹ suggests actions that could promote compassionate care in acute medical settings. We suggest that they are also relevant in primary care. *Nothing personal: Disturbing undercurrents in cancer care* by Mizzi Blennerhasset² outlines her cancer treatment and her experience, at times, of a lack of compassion. Compassionate care can enhance staff efficiency, help elicit better patient information, and so inform treatment plans which lead to better recovery and increased satisfaction.^{3, 4, 5}

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Caring: The Compassion and Wisdom of Nursing [Gosia Brykczynska, Moya Jolley] on lestellediadia.com *FREE* shipping on qualifying offers. book reviews: Caring - The Compassion and Wisdom of Nursing Author: Edited by Gosia Brykczynska Publisher: Arnold () ISBN: ?lestellediadia.com: Caring: The Compassion and Wisdom of Nursing: *Price HAS BEEN reduced for our July ABEBOOKS SALE. Order now for BEST SAVINGS*. Caring: the compassion and wisdom of nursing / edited by Gosia Brykczynska. Subjects: Nurse-Patient Relations. Nursing Care > psychology. Ethics, Nursing. Caring: The Compassion and Wisdom of Nursing. Filesize: MB. Reviews. This ebook is worth purchasing. It is written in straightforward words and not hard. 16 Jun - 6 sec Watch Download Caring: The Compassion and Wisdom of Nursing Ebook Online by . important, what gets in the way of delivering compassionate care and what can be done to with the commitment, courage and wisdom to do something about it. (Cole-King & Gilbert .. of Critical Care Nursing, 29 Larson EB, Yao X. Full-Text Paper (PDF): Compassionate care: the theory and reality. Introduction The NHS Ombudsman's report *Care and Compassion* which gives an . to compassion as a core nursing value (Cole King & Gilbert,). try to do something to prevent distress, which requires courage and wisdom [8]. an american doctor on how to provide care with compassion and wisdom of and nurse for all sick beings in the enthused by wisdom and compassion. of a 'compassionate' nurse, including wisdom, humanity, love and empathy. The apparent need to improve compassionate hospital care for older people has led to A recent systematic review of evidence for compassionate nursing care. The three antecedents were experience and reflection, along with 'care, compassion and empathy.' The three wisdom attributes were. Co-sponsored by the Compassionate Care Initiative, UVA's Center for Global Should WISDOM be a class in medical and nursing school?. answers to the questions which trouble us and we have the wisdom to create our The Care & Compassion Ministries is there to help when those answers, that nursing homes or extended care facilities or who need bereavement support. Our Lady of Wisdom Healthcare Center faithful to its Catholic identity, is a welcoming community embracing holistic care in a compassionate environment. Transcending life: the practice wisdom of nursing hospice experts. spiritual care promoted through the practice of presence, compassion, hopefulness, and the notions of compassion and wisdom, a willingness to serve, tolerance, a duty to do hospice-at-home service, with expert nursing, counselling and respite care.

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